



Carma's Commentary

When you look at the portrait of Mona Lisa, what do you see? My answer to this question was: her face. According to David Brooks' book, *The Social Animal*, if you are an American-- you focus more specifically on her eyes. However, people from Asian cultures tend to take in the entire picture. When Americans look at an aquarium, we tend to focus on the biggest fish. Asians, on the other hand, tend to take in all the little details that surround the big fish. These examples give us a glimmer of an idea why there are so many different points of view around the world.

Fortunately, all cultures share certain commonalities. All humans register the same basic facial expressions for fear, disgust, happiness and shame. All humans divide time into past, present, and future and all human societies produce art. It is also encouraging to know that we all like to dream of peace and harmony.

However, nobody lives in a universal thing called culture. We were raised in specific cultures which differ from one another. These differences create varied outlooks on life. For example: plays written and produced in Germany are three times as likely to have tragic or unhappy endings as plays written and produced in the United States. Half of all people in India and Pakistan say they would marry without love, but only two percent of people in Japan would do so. In some cultures, personal growth matters most and in others, family matters most.

In today's world, people often leave their childhood cultures and find new ones either out of necessity or to fulfill a dream. After getting a few "battle scars" along the way, we realize that one of

the key factors in fitting into our new culture is trust. Most relationships are bound by trust. It grows when two or more people begin volleys of communication and cooperation. We learn that we can rely upon each other. As trust builds to higher levels, we not only cooperate with each other but sacrifice for each other. Somewhere in our subconscious, this type of bonding makes us feel safe because we perceive ourselves as part of a group.

If we come from a "group" (culture) where family matters most, we might get frustrated after moving far away to attend college for personal growth. Figuring out *why* we are frustrated might take a study in Sociology (or reading *The Social Animal*) because a lot of the tension we feel comes from our subconscious level. In other words, all of our experiences and values get muddled together below our consciousness and there is no clear signal.

As we all know, when you bring a group of people to work together, there will be friction of one sort or another. What we haven't known until recently is that group decisions usually produce better results than individual decisions. When we celebrate our differences and listen to each other's ideas with open minds, good things start to happen.

As he painted the portrait of Mona Lisa, Leonardo Di Vinci introduced new techniques with light and paint to make the background look timeless. He connected the subject of his painting with the background in mysterious ways that have caused discussions and interest for over 500 years. His ability to learn from other cultures while honoring his own talents created a masterpiece.

This is a great time in history for those of us with dreams to paint a new masterpiece within our own culture. Celebrating our differences while honoring our own values could be a good start.

-- Carma Wall, CEO

THIS 'n THAT
from around *The Village*

JUNE LUNCHEON

When: Tuesday, the 21st, 12:00 noon

Where: Wellness Center Banquet Room

Menu: Roasted pork loin, whipped sweet potatoes, green beans with bacon & onion, spinach salad, vegetable bread w/butter. German chocolate cake, sugar-free chocolate cake, beverages

Cost: \$9.50

Hosts: Merlin and Jody Miller
Dean and Madonna Reynolds

Please Note: Please phone your reservations to Diane at 241-0919, ext 110, by Friday, June 17. You are invited to bring a donation of food or a check for the McPherson County Food Bank.

take that amount each month directly from your checking or savings account. Instead of writing a check for \$500.00 in December, how wonderful and painless to have just \$42.00 withdrawn each month instead! This is a much easier and more reliable way of budgeting, and can still be stopped anytime should your financial situation change.

Unless specified differently, all of these funds will be directed into our Resident Assistance Fund, which helps those residents at The Cedars who struggle in paying for their housing and care each month. Simply stop by the Business Office, ask for an EFT form, and return the completed form when you're ready to start. Or, visit our website at www.thecedars.org and print the form out right from our homepage. And thank you in advance for helping to care for the seniors in McPherson! -- Eric Litwiller

A New Way to Support The Cedars

Many of us use Electronic Funds Transfers (EFT) without even knowing it. If you have a bank credit card, your bank might take your monthly balance directly from your checking account. If you pay bills on-line, the bank might have an arrangement with some of those vendors that allows them to be paid from your account, rather than a paper check being cut and put into the mail. It's a fast, easy and secure way of moving money around, and helps makes sure that the money gets to whomever needs it when they need it. And as of April 27th, EFT is also the newest way to facilitate financial gifts to The Cedars.

So many individuals, business and churches give each and every year to support our community, and often those checks arrive without fail at the end of the year. However, rather than having to remember to write that annual gifting check, you can simply specify a dollar amount and allow The Cedars to

A note of appreciation

"Thank you, dear Cedars friends, for helping to make my recent hospital and home stay more comfortable." -- Lucille Hand

Last Chance for Charter Membership!

The end of June 2011 marks the last opportunity to become a Charter member of ***The Cedars Heritage Society!*** The last several months have seen a surge in the purchase of gift annuities and changes to wills and trusts to ensure that The Cedars is remembered, and we thank those individuals so much for their generosity. As this month draws to a close, so does the fiscal year. And accordingly, so does the opportunity to be recognized as a Charter member. However, it is far from being your last chance to be included in the Heritage Society. Anyone ("Last Chance for Charter Membership," continued on p. 3)

who makes the effort to include The Cedars in your estate planning will automatically be recognized as a member of the Heritage Society. And if you have questions about ways to join based upon your particular situation, give call the Development Office at 241-0919 ext. 184, or stop by any time. If you have already made these arrangements through your attorney or financial planner, just remember to let our Director of Development know. For purposes of recognition, if you would prefer to remain anonymous, we will respect those wishes. However, your generous gift may help to serve as encouragement and inspiration to others, so we would love to include your name on the plaque which is planned for the Conference Center. Thank you again to those who have already given, and please stop by the Development Office with any questions!

-- submitted by Eric Litwiller

Save the Date for June 6!

The Cedars will be hosting a **dessert and coffee reception at 7 pm in the Conference Center on Monday, June 6**, and would love for each of you to attend. This is our chance to formally recognize Gerald and Lois Neher for their tremendous gift to our community, which will go a long way in providing for the on-going financial needs of our campus and residents. We rely a great deal on the generous heart and giving spirit of those whose lives have been touched by the service we provide here at The Cedars, and we welcome this event as a chance to say Thank You. See you then!

--submitted by Eric Litwiller

Welcoming Village Newcomers

Circle your calendar on Thursday, June 16, at 3:00 pm! That's the special day when we will be honoring all newcomers to The Cedars. If you moved here during 2011, you are the special guests for this party, but we

will all be there to get acquainted and to renew old friendships.

This party can only be successful if we all come. If you have new neighbors, give them a special invitation. Nothing to bring -- just you. We will have some refreshments, some get-acquainted activities and lots of time for conversation. Mark your calendar. **Come to the Wellness Center at 3:00 pm on Thursday June 16 and meet your new neighbors!!**

From our library

If you are a John Sanford fan, you will love his new book *Buried Prey*. He takes us back to Lucas Davenport's early life as a street cop when two bodies are discovered in an old house that is being demolished. Lucas thought the case was long solved, but with the bodies, new doubts arise and Lucas is off on another exciting adventure

Sandford, like Mark Connelly is a masterful storyteller and a good writer. His works flow and keep the reader involved until the very last word on the very last page. This book is in the Cedars Library in the mystery section.

Some of you have been reading the Julia Spencer-Fleming series featuring the Episcopal minister Claire Fergusson and the police chief Russ Van Alstyne. The newest book is on the shelves at the McPherson Library. I was disappointed this time. The title suggested the focus of the book: *One Was a Soldier*. Spencer-Fleming has done a good job, I am sure, of depicting the problems that returning soldiers face, but her story seems thin and the large cast of characters keeps the reader returning to previous pages to find out who did what and to whom. This author writes well and I can only hope that the next installment of the Fergusson and Van Alstyne adventures will be more readable.

("From our Library," continued on p. 4)

("From our Library," continued from p. 3)

I have also read *A Singular Woman* by Janny Scott. It is the story of President Obama's mother. I found the book well-researched and well written. Stanley Ann Dunham was intelligent, daring and a truly liberated woman for her time. Her roots were in the Flint Hills of Kansas and there are still relatives in the Augusta/El Dorado area. This book helped me know the President better. I highly recommend this book especially to those of you who like biography.

Thank you for using our library. Don't hesitate to recommend books to me and to make suggestions that will improve our library.
-- Betty Stanley

June Breakfast Menus

- 2nd – Pancakes w/assorted sides
- 9th -- Omelet Day w/assorted sides
- 16th – Biscuits w/gravy and assorted sides
- 23rd -- Omelet Day w/assorted sides
- 30th – Scrambled eggs w/ham and cheese
and assorted sides

JUNE EVENTS

**Bob Baldwin, contact person,
unless otherwise indicated**

Swim and Pool Activities

If you want to use the pool and do not have a partner, let Bob know and he can help you find someone. For safety reasons we must always have two people in the pool at the same time.

Van to Wal-Mart

We take a van to Wal-Mart on Thursday afternoons leaving at 2:00 pm, returning when people are finished shopping. This gives you an option of shopping each week

for groceries and other items. **If you are interested in going on the van, let Bob know (241-0919, ext. 120) by 10:00 am each Thursday** so he can know the number of people going and reserve a van.

Pool

If you want to play pool, contact Irvin Hodgson at 245-0658. He's always ready for a game. The pool table at The Courts is fun to play on.

See you at Village Breakfast

Join your friends in the large dining room at the Health Care Center and have breakfast together. **We meet on Thursdays at 8:15 am**; the charge is \$4. The dates are **June 2, 9, 16, 23, and 30**. Try eating at noon in the HCC or Courts.

Tai Chi classes – twice weekly

With the YMCA we are offering introductory Tai Chi classes **each Thursday (2, 9, 16, 23, and 30; and Monday (6, 13, 20, and 27) in June at 11:15 am in the W/CC**. Tai Chi promotes internal strength physically, mentally, and emotionally.

Using the Wii

Every Friday afternoon from 1:00 to 3:00 pm, Bob will have the Wii game ready to go, in the W/CC fitness room.

Friday morning coffees

Take a coffee break and come to **The Courts on Friday mornings at 9:30am—June 3, 10, 17, and 24**. Enjoy the fellowship with our friends there.

Trip to Wichita Botanica, June 7

(Dave and Bonnie Fruth)

You've never been to the Wichita's Botanica??? You've been to the gardens but are always eager to see what's blooming this time of year? Well, we can take care of those issues. **On Tuesday, June 7**, we'll head to Wichita at **9:00** and go straight to
(June Special Activities. "...Botanica," continued on p. 5)

(June Special Activities, "...Botanica," cont. from p. 4)
the gardens. A call to their office indicated that there should be roses, day lilies, and many varieties of annuals and wild flowers in bloom. The butterfly house should have flowers in bloom and abounding with beautiful newly-hatched butterflies.

You NEED an outing. It's time to get away for a few hours and see another part of this area. If we have at least 10 people, the entry price is \$4.50. Less than that would increase the price to \$6. Feel free to bring your cane or walker. Wheelchairs (6) are available on a first-come basis.

We'll have lunch at The Copper Oven Cafe and Bakery. They serve soups, sandwiches plus full meals and we've been told the pies are good.

Call Fruths (245-0674) by June 4 so we can arrange transportation and confirm numbers with the restaurant. **Meet at the Wellness Center so we can leave by 9:00.** There is a \$5 charge for the van.

Presentation on Wheat

Another special date to add to your June calendar: **on Thursday, June 9 at 7:00 pm, in the Wellness Center**, John Ward will be presenting a program on wheat. Hard red winter wheat (HRW) is the number one crop in Kansas and McPherson County. All HRW varieties in Kansas have Turkey Red wheat in their pedigree. Turkey Red was introduced to this four-county area by Mennonites emigrating from Russia in 1874. Using a power-point program, John will discuss the history, production and milling of wheat. (Refreshments – donations)

McPherson Master Gardener Event

(Dave and Bonnie Fruth)

The Master Gardeners have been busy this spring. **On Saturday, June 11, you have an opportunity to visit six local gardens.** The gardens are open for touring from 9:00am until 3:00pm so if you can't go

in the morning, maybe you can tour some in the afternoon. We are NOT providing transportation but would encourage you to carpool and drive to as many of the gardens as you can. You can purchase a ticket for \$5 at the first place you visit; it's good for all the gardens for the rest of the day. Below is a list of garden locations open this year:

Kurt & Karol Wagner - 1879 Frontier Rd.**

Phil & Lori Havens - 1416 Homestead Place

Stan & Manelia Stephenson - 1428 Homestead Place

Demonstration Garden - 600 W. Woodside

Mark & Kristi Bissell - 321 N. Maxwell

Sheryl White - 866 17th Ave.

**When Kurt finishes work at The Cedars, he continues working in his own flower gardens. Be sure to go to his place! He has tickets to sell. Questions?... nab Kurt as he goes by or call him. He's one busy man!

Visit the "Old Cedars" on Kansas Avenue

(Elva Jean Naylor)

The former Cedars Health Care Center, located on East Kansas Avenue, is now owned by the McPherson Museum and will soon be torn down to make way for a new museum. We are suggesting a visit to the Old Cedars to hear some history and learn how the move was made from that site to this. **On Saturday, June 11, we will meet at 1:30pm at W/CC to carpool for the tour at 2:00. Contact Elva Jean (241-3123) if you plan to attend.**

2nd Tuesday Coffees – June 14

Men's and Women's groups – 10:00 am

Men: at the **Health Care Chapel** for visiting, coffee, and an occasional speaker.

Women: at **W/CC Coffee Shop**,

Pick up your coffee cup, stop by your neighbor's door, then come meet other Village women at the coffee shop for our monthly coffee.

(Special June Activities, continued on p. 6)

Red Hatters to meet

(Corky Flood)

The Red Hat group will lunch together on Wednesday, June 15, at Amics, 11:30 am. Let Corky know if you need transportation. (Phone 241-4005).

Movie Night, June 17

“The King’s Speech” will be shown at 7:00 on Friday, June 17 W/CC.

This is the story of the man who became King George VI, father of Queen Elizabeth II. After his brother abdicates, George (‘Bertie’) reluctantly assumes the throne. Plagued by a dreaded stammer and considered to be unfit to be king, Bertie engages the help of an unorthodox speech therapist. Through a set of unexpected techniques and an unlikely friendship, Bertie finds his voice and leads the country through war. Feel free to bring friends or family members who don’t live in the Village. Popcorn! Peanuts! Maybe more!! (Donations.)

Documents to be shredded

If you have documents that need to be shredded, you can bring those to the main Cedars office or Assisted Living on the fourth Wednesday of the month. This would be **Wednesday, June 22nd**. They will have a secure box for your documents.

Recycling

Wednesday, June 22nd will be Recycling Day at the Village. Bring your recyclables to the trailer, parked in the W/CC parking lot from **8:00 am to noon.**

Book Club - Monday, June 27

Just a reminder that The Cedars book club continues to meet over the summer. We gather at **3:00** on the fourth Monday, **June 27, in the Board Room in the Wellness Center.** If you are not sure where that is, ask Diane at the front door or anyone else

you happen to see. They’ll be happy to help you find the room. Bring your coffee/tea with you and come for some social time. We share very informally; and if you just want to listen and get ideas on a good book, that’s great. Be sure to invite new folks to the Village. Everyone is welcome.

Have you checked out The Cedars library lately? If you can’t get downtown to the public library, this is a wonderful alternative. New titles are constantly being added to the shelves.

Collections....Hobbies.....Crafts

Sometimes the best part of having a collection, a hobby or doing a craft is sharing it with others. We have that opportunity for you!!

We are inviting all collectors, hobbyists and craft enthusiasts to bring their “wares” to the Wellness Center for a “Show and Tell” experience. We will have tables set up for you to use for display. We hope you will share a statement or a story about your craft or collection.

If you do not have a particular interest item you would like to bring to share, just come to see what others are doing and learn to know more about the people who have these talents!

Come to the **Wellness Center on June 23 at 2:00 pm.** We will have refreshments for you! For more details or assistance, call Ed Switzer @ 728-5804.

**** For your July Calendar ****

Patriotic Sing-along Program

(Royal Eickstadt)

Friday, July 1, at the WCC at 7:00 pm. Y’all come! Salute our country and enjoy each other. Let us know if you’d like to contribute a musical number or short reading. Call Royal (245-0627).

**Minutes of the Village Council
May 16, 2011
Wellness Center Board Room**

Present: *Council Members* Betty Stanley, Lois Neher, Roger Black, Royal Eickstadt, and Jody Miller *Administration:* Bob Baldwin

President Stanley called the meeting to order. Jody Miller read the Minutes of the April meeting, which were approved as read. There was no Treasurer's report.

Bob reported that all units in the Village are full, and discussion followed regarding further building. That is an item that is to be discussed by the Board of Trustees.

Discussion followed regarding the automated calling system. It is being used on a very limited basis at this time and will continue to be improved upon.

The Activities Committee has requested our help with what is being called a 2011 Welcome Party. This will be held on June 16th at 3:00 p.m. in the Conference Center and will include all of the Village residents. Reminders will go out to all Villagers.

Bob announced that the pictures for the pictorial directory will probably be taken in late summer.

There being no further business, the meeting was adjourned. **The next Council meeting will be held at 1:30 pm on June 20th in the W/CC Board Room.**

-- Jody Miller, Secretary

Wise Words:

"Even if you are on the right track, you'll get run over if you just sit there." -- Will Rogers

"People don't care how much you know until they know how much you care." -- ??

**Honoring
Fathers**

Sunday, June 19



God Bless Fathers
by Marjorie Holmes

Bless the young new father, Lord – grinning, awed, proud and a little scared. Keep him always close to his child, Lord, as loving and tender as he is now, but strong enough to meet his child's ever-growing demands, and help him really to enjoy these years – to laugh, talk, listen...and to be a friend as well as a dad.

Bless the dad in the middle, Lord. The man who knows that raising kids isn't just circuses and ballgames, but bills and braces, discipline and sometimes dissension. Ease his aching bones and his often aching heart.

And, oh Lord, bless the old father, too. The one looking back. He may believe – wrongly -- that he's no longer needed.

You, the Father of all, surely know how each of these fathers feels. Comfort them, Lord. And help us, their sons and daughters, to honor them in our memories and by our lives. Amen



Dads know there are three ways to get something done:

1. Do it yourself.
2. Hire someone to do it.
3. Forbid your kids to do it.

June 2011

Director of Independent Living & Wellness/Conference Center

Bob Baldwin

Auto Dialer for Activities and More

I finally have the Auto Dialer set up and you should have had at least one call by now. We will be using an auto-dialer that will give you a prerecorded message that will be my voice about activities or other events that are happening in the village. It will not work as an emergency caller or warning device as it can take a long time to call all 106 apartments. We hope it is a better way to communicate what is going on. Our weekly emails will continue but not all residents have that option. You can opt out by calling Diane and leaving a message. Another option may be a weekly menu for the noon meals at the Café. I would like your feedback on this and hope it works out and helps more people become aware of all the things going on.

Village Duplex Construction

I have some exciting news to report. Since the village is full and everyone will be moving in shortly, the Board has approved the option to build a new duplex. I have a couple of families interested and we are proceeding with the idea to get started this summer. We last built in the village in 2004. I think it is an exciting time even with the economy the way it has been to be able to restart our building process. We don't expect to build more than one at this time but I am ready to get started. It will probably be built on the north side of Darlow Dr. near the North Down Under duplex. Don't be surprised if you see some activity happening around there in the next month or two.

DEVOTIONAL EVENTS - HEALTH CARE CENTER CHAPEL - JUNE 2011

9 AM MUSIC



9:30 AM WORSHIP

Wed Jun 1 Dean Reynolds

Tom Hurst

Fri Jun 3 Bonnie Taylor

Vernice & Emma Ruth

Mon Jun 6 Billhimer & Sifrit

Chuck Baker

Wed Jun 8 Art Snell/Lois Bersuch

George Bocox

Fri Jun 10 Bonnie Taylor

Emma Ruth & Vernice

Mon Jun 13 Emma Ruth Schmidt

Elaine Fleenor

Wed Jun 15 Noleen Binder

Art Snell

Fri Jun 17 Noleen Binder

Vernice & Emma Ruth

Mon Jun 20 Elva Jean Naylor

Dean Smidderks

Wed Jun 22 Joyce Hall

Charles Whitacre

Fri Jun 24 Bonnie Taylor

Emma Ruth & Vernice

Mon Jun 27 Emma Ruth Schmidt

LeRoy Weddle

Wed Jun 29 Noleen Binder COMMUNION Chris Whitacre

==+
Tuesdays - 3:45 PM - Magnolia - Bible Study - Susan Ballou, leader

Thursdays - 10 AM - HCC Chapel - Bible Study - John Burkholder
==+

All residents, staff, and community are welcome to Cedars devotional events.



WELLNESS / CONF. CTR. - DEVOTIONAL EVENTS - JUNE 2011

Mondays - 10:15 AM - Meditation Chapel - Ready Writers
1st Mon 6/6 - 6:30 PM - Meditation Chapel - Grief Support Group
Wednesdays - 10:15 AM - Meditation Chapel - Village Study Group
Thursdays - 1:00 PM - Meditation Chapel - Grief Support Group
Friday 6/17 - 11:15 AM - Meditation Chapel - Advocates/Friends
Fridays - 10:15 AM - Coffee Shop - Just for Laughs

MAXWELL / CEDAR HOUSES - DEVOTIONAL EVENTS

Mondays - 9:30 AM - 803 - Inspirational Music - Lucille Hand
Tuesdays - 3:30 PM - 801 - Inspirational Reading - Elly Ullom
Wed 6/29 - 9:30 AM - 803 - COMMUNION - Joe S., others TBA
Wednesday - 9:30 AM - 805 - Insp. Music - Rosalie Black
Wednesday -10:00AM - 807 - Inspirational Music 6/1 Joanna Hoffman
6/8 Lois Bersuch, 6/15 Eloise Lichty, 6/22 Joyce Hall, 6/29 Noleen Binder
Thursdays - Chaplain Chris visits in houses.
Fridays - 9:30 AM - 801 - Inspirational Music - Joe Shook
Fridays - 3:30 PM - 805 - Bible Study - Anne Albright

ASSISTED LIVING - DEVOTIONAL EVENTS AT THE COURTS

Tuesdays - 11 AM - PDR - Bible Study - Miriam Hoover
Thursdays - 4 PM - 2nd floor - Bible Study - Susan Ballou
Fridays - 9:30 AM - Dining Room - Piano - Royal Eickstadt

SUNDAY WORSHIP

TV - 10:15 AM - Ch 13 - Worship - Church of the Brethren
-Can be viewed on giant screen - 2nd floor Activities Room of Courts
Radio - 10:30 AM - FM 96.7 - Worship - Free Methodist
Courts - 6:00 PM - 2nd floor - Worship -Susan Ballou, Leader
- communion served on 2nd Sunday
- 6/5 - Marisa McHenry, speaker

OTHER

COMMUNION provided for Catholic residents on a weekly basis
- usually on a Thursday - St. Joseph's Catholic Church

June 2011

30	31	June 1	June 2	June 3
MEMORIAL DAY Café Closed		Cole Slaw Pasta and Meatballs Sweet and sour Chicken Garlic bread Italian Blend vegetables Rice Cookie	Cottage Cheese Jell-O Salad King Ranch Chicken Pineapple Glazed ham Green Beans Baked amaretto apples	Applesauce Jell-O Chicken Fried Steak Stuffed Shells w/ Marinara Mashed potatoes w/ Gravy Grilled Vegetables Brussels Sprouts Chocolate Pudding
6	7	8	9	10
3 Bean Salad Egg Rolls Stuffed Ravioli Steamed Rice Vegetable Blend Yellow Squash Brownie	Lemon Lime Jell-O Salad Cilantro Chicken Liver and onions Mashed Potatoes w/ gravy Sautéed Cabbage Broccoli Cookie	Coleslaw Pepper Steak Pork & Kraut Buttered Penne Pasta Broccoli Corn Dinner Roll Cookies and Cream Pie	Deviled Eggs Roasted Brisket Chicken Fritters Mashed Potatoes Green beans Brussels Sprouts Yeast Roll Fruits of the Forest pie	BLT salad Pasta w/ Italian Meat Sauce Pulled Pork Wax Beans Vegetable Medley Bread Stick Root Beer Cake
13	14	15	16	17
Garden Salad Swedish Meatballs Beef And Bean Burrito Egg Noodles Stewed tomatoes Vegetable medley Dinner Roll Cherry Chocolate Cake	Cottage Cheese & Peaches Huntington Chicken Chefs Choice entrée Peas Yellow Squash Cookie	Tomato & Mozzarella Salad Pork loin with gravy Stuffed ravioli Baked Sweet potato Capri Blend vegetable Broccoli & Cauliflower Wheat Bread Dutch Apple Pie	Cucumber Salad Lasagna Rolls w/ Meat Sauce Chicken Tetrizzini Creamed Corn Zucchini Lime Layer Dessert	Heavenly Mold Meatloaf Red Beans and Rice Baked Potato Scandinavian Vegetable Turnips Mango Cheesecake
20	21	22	23	24
Coleslaw Fried Catfish Meatball Sub Au Gratin Potatoes Broccoli & Cauliflower Harvard Beets Dinner Roll Strawberry Rhubarb Pie	Orange Fluff Chicken Fried Chicken Mashed Potatoes w/ gravy Spinach Corn Baked Cod Pecan Pie Bars	Caesar Salad Lasagna Italian green Beans Cranberry Chicken Stewed Tomatoes Bread stick Rainbow Cake	Fruit Cocktail Pulled Brisket Fried Shrimp Dill buttered Red Potatoes Green Beans Chef's Choice Vegetable 7 layer dessert	3 bean salad Chicken and Noodles Chopped Pepper steak Mashed Potatoes Grilled Vegetables Wax beans Cherry pie
27	28	29	30	July 1
Pea Salad Fried Chicken Lasagna Mashed Potatoes w/ Gravy Zucchini Corn Bread pudding	Carrot Raisin Salad Pub battered Cod Chili Baked Sweet potato Vegetable Medley Banana Cake	Cole Slaw Pasta and Meatballs Sweet & Sour Chicken Garlic bread Italian Blend Vegetables Rice Cookie	Cottage Cheese Jell-O Salad King Ranch Chicken Pineapple Glazed ham Green Beans Baked Amaretto Apples	Applesauce Jell-O Chicken Fried Steak Stuffed Shells w/ Marinara Mashed Potatoes w/ Gravy Grilled vegetables Brussels sprouts Chocolate Pudding

JUNE

CALENDAR

DATE

EVENT

June 1-3

- Wed. 1 9:00am Exercise group, fitness ctr
10-11:30; 2-4pm Sew&Tie quilts, S-DUR
10:15am Study Group, Med. Chp
- Thu. 2 8:15am Village breakfast, HCC; menu p.4
9:00am China painting, S-DUR
11:15am Tai Chi, W/CC
2:00pm Cedars van to Wal-Mart
- Fri. 3 9:00am Exercise group, fitness ctr
9:30am Coffee at The Courts
10:15am Just for Laughs, Coffee Shop
1-3:00pm Wii Games, Exercise Rm, W/CC
Reserve with Fruths for Botanica trip; p. 4

June 6-10

- Mon. 6 9:00am Exercise group, fitness ctr
10:15am Ready Writers, Med. Chp
11:15am Tai Chi, W/CC
- Tues. 7 9:00am Botanica Trip;meet at W/CC;p.4,5
- Wed. 8 9:00am Exercise group, fitness ctr
10-11:30; 2-4pm Sew&tie quilts. S-DUR
10:15am Study Group, Med. Chp;
- Thu. 9 8:15am Village breakfast, HCC; menu-p.4
9:00am China painting, S-DUR
11:15am Tai Chi, W/CC
2:00pm Cedars van to Wal-Mart
7:00pm "Wheat," John Ward; see p. 5
- Fri. 10 9:00am Exercise group, fitness ctr
9:30am Coffee at The Courts
10:15am Just for Laughs, Coffee Shop
1-3:00pm Wii Games, Exercise Rm., W/CC
- Sat. 11 9am-3pm Master Gardeners Event; see p.5
1:30pm Meet for tour of "Old Cedars";see p.5

June 13-17

- Mon. 13 9:00am Exercise group, fitness ctr
10:15am Ready Writers, Med. chp
11:15am Tai Chi, W/CC
- Tue. 14 10:00am Men's Coffee, HCC
10:00am Women's Coffee, Coffee Shop
- Wed. 15 9:00am Exercise group, fitness ctr
10-11:30am; 2-4pm Sew&tie quilts, S-DUR
10:15am Study Group, Med. chp
11:30am Red Hat Luncheon, Amics

Week June 13-17 continued in column 2

DATE

EVENT

June 13-17 (continued)

- Thu. 16 8:15am Village breakfast, HCC; menu p.4
9:00am China painting, S-DUR
11:15am Tai Chi, W/CC
2:00pm Cedars van to Wal-Mart
3:00pm Welcome Party for Village New-comers, W/CC; see p. 3
- Fri. 17 9:00am Exercise group, fitness ctr
9:30am Coffee at The Courts
10:15am Just for Laughs, Coffee Shop
11:15am Advocates/Friends, Med. chp
1-3:00pm Wii Games, Exercise Rm.,W/CC
7:00pm Movie Night, W/CC; p. 6

June 19-24

- Mon.20 9:00am Exercise group, fitness ctr
10:15am Ready Writers, Med. Chp
11:15am Tai Chi, W/CC
1:30pm Village Council, W/CC Bd. Rm.
- Tue. 21 noon Village Luncheon, W/CC
- Wed.22 Document shred, all day, office & Courts
8am-noon Recycling, W/CC parking lot
9:00am Exercise group, fitness ctr
10-11:30am; 2-4pm Sew&tie quilts, S-DUR
10:15am Study Group, Med. Chp
- Thu 23 8:15am Village breakfast, HCC; menu p. 4
9:00am China painting, S-DUR
11:15am Tai Chi, W/CC
2:00pm Cedars van to Wal-Mart
- Fri 24 9:00am Exercise group, fitness ctr
9:30am Coffee at The Courts
10:15am Just for Laughs, Coffee Shop
1-3:00pm Wii Games, Exercise Rm, W/CC

June 27-30

- Mon. 27 9:00am Exercise group, fitness ctr
10:15am Ready Writers
11:15am Tai Chi, W/CC
3:00pm Book Club, W/CC Board Rm
- Wed. 28 Document shred., Courts & office, all day
8:00-noon Recycling, W/CC parking lot
9:00am Exercise group, fitness ctr
10-11:30am;2-4pm Sew&Tie quilts, S-DUR
10:15am Study Group, Med. Chp.
- Thu. 30 8:15am Village breakfast, HCC; menu p.4
9:00am China painting, S-DUR
11:15am Tai Chi, W/CC
2:00pm Cedars van to Wal-Mart
- Friday, July 1 , 7:00pm Patriotic Sing-along W/CC