



*Carma's
Commentary*

Do you believe in spirits? Would you listen if they tried to communicate with you? One could debate all day if such things really exist. Having worked my entire life in and around health care, I've certainly known many people who do believe in them. Once during a grief support group, I even experienced what I thought might be a spirit talking to me.

We were doing a meditation exercise and the leader asked us to be open to visiting with a family member or loved one who had passed away. As I sat there with my eyes closed and imagining that it could happen, my grandmother suddenly popped into my mind. She was smiling and saying something about loving me. Is that a spirit talking? Who knows for sure? Many would say that these types of spirits provide comfort and a sense of connection. They want to believe the spirits are real and, therefore, they are.

In my mind there were definitely spirits involved in Mary Ann Shaffer's book *The Guernsey Literary and Potato Peel Pie Society*. It becomes obvious (if only to the reader) that the main character, Juliet, is guided by the spirit of Elizabeth, the person she is researching for a book soon after World War II. The author skillfully uses Elizabeth's spirit as the thread to tie all the characters together while lacing the story with humor and valor during the tragedy of the war.

Reading about how one person influenced so many people in such positive ways captured my attention and made me laugh. Of course there were also tears. A lot of laughter and a few tears is part of my criteria for a good book. It might also be the criteria for a good life.

My grandmother, the one who "spoke" to me during the meditation, probably had as hard a life as the characters in the book. She could have told stories about similar atrocities in Ireland during her childhood. In fact, Guernsey Island (mentioned in the book) is an island in the English Channel and isn't all that far from Ireland. The point to all this is that my grandmother would declare she had a good life even though she ended up living in a sod house on a western Kansas farm.

I remember how kind she was and how much she loved to garden. To this day when I take potato peels out to the compost pile, I think of her. It makes me smile. In the book they used potato peels for the pie crust and mashed potatoes for the filling. They sweetened it with beet juice because there was no other food available. (It would have been torture enough for me to do without chocolate!)

The reason they made the pie is key to the story. The potato peel pie was the food served as they gathered together for a book club (the literary society). These meetings helped keep them sane and focused while the soldiers marched outside their doors. Talking and debating about good books made friends out of complete strangers and gave new meaning to life for some of those who had spent their entire lives tending to farms now destroyed by the war.

If you ever have friends over to talk about something besides the scary things happening in the outside world, will the spirits be listening? Or do you believe they even exist?

– Carma Wall, CEO
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THIS 'n THAT
from around *The Village*

NOVEMBER LUNCHEON

When: Tuesday, the 15th, 12:00 noon
Where: Wellness Center Banquet Room
Hosts: Mary Christie, Doris Coppock,
Lise Serviss
Menu: Roast turkey, potatoes and gravy,
green beans, cranberry, pumpkin
pie, bread, and beverages
Cost: \$9.50

Please Note: Phone reservations to Diane
at 241-0919 (ext 110) by Friday, the
11th. *You are invited to bring a donation of
food or a check for the McPherson County
Food Bank.*

November Breakfasts on Thursdays
on the 3rd, the 10th, and the 17th.
Omelets will be served each day.
No Village Breakfast on Thanksgiving, the 24th.

December 1st – Birthday Party

Lois Hayes, the resident who has lived longest at The Cedars, first in The Village and now at The Courts, is celebrating her 100th birthday on December 1. Her daughter, Gail Roe of Houston, is planning a Come-and-Go Birthday Party for her from 2:00 to 4:00 on that day at the WCC. Save the date!

The Cedars Gala

A BIG thanks to all those residents who participated in what now appears was our 1st Annual Cedars Gala! Several of you donated items to our live and silent auctions, and many more were present at the event to bid on those items. In all, The Cedars raised \$10,500 during the evening, and the net pro-

ceeds will be split evenly between the purchase of a new van to replace one of the aging vehicles in our fleet, and helping to fund the scholarship endowment for staff training.

For those who were unable to attend, guests enjoyed hors d'oeuvres as they listened to a brass quintet and looked through the 45 items available at the silent auction. A buffet dinner of mixed green salad, beef brisket and chicken breast, and a very popular black-tie cheesecake was served. Following dinner, Eric Blomquist with United Country Auctions began the live auction with nearly 30 additional unique experiences on the auction block, including an incredible athletic gift basket from McPherson College and a tour package from Prudent Tours. All agreed that the live auction was quite entertaining! If you weren't able to attend this year, I hope to see you next year!

Have You Taken Your Required Distribution yet?

If you contributed to a qualified retirement plan--401(k), 403(b), profit sharing plans, SEP's, etc. -- while you were working, and have reached the age of 70.5, you likely know that you are required to begin calculating and taking distributions from those accounts each year. The downside to these distributions is that they are taxed at your income rate each time you take them. However, through the end of this year only, you have the option of avoiding those income taxes by rolling your distribution over to a charitable organization, like The Cedars. This option has not been extended beyond the end of this calendar year though, so with the last few weeks remaining in 2011, please stop in and talk with your accountant or tax planner to ask if this charitable rollover option makes sense for you.

(This 'n That continued on page 3)

From our library

I may have mentioned to my readers before that I love James Lee Burke as an author. However, I hope I have told you that I don't love everything he writes. I think he handles the English language better than any modern writer that I know. He can describe the landscape and a sunset so that the reader is there with him. However, sometimes his plots are too fanciful and weak.

That is certainly true of *Feast Day of Fools*. I couldn't wait to get a copy of this newest Burke epistle. Unfortunately, it was a huge disappointment. His characters were too far-fetched. His plot was non-existent. I simply didn't care what happened to those characters as long as it happened soon. The prose in between slaughter scenes was spectacular as usual. But the book simply wasn't worth it. Burke is capable of so much more. Perhaps the next one...

John Sanford, on the other hand, remains predictable. His newest Virgil Flowers book *Shock Wave* does not disappoint. He writes about a big box store coming to a small town and about all the corruption that follows. Virgil is as casual and unpredictable as he always is and leads the reader into mystery and intrigue. By the way, The USA channel on TV is going to air a dramatization of one of Sanford's *Prey* stories. Mark Harmon will star as Davenport, and it promises to be good.

I also read Joseph Wambaugh's *Finnegan's Week* recently. It was not as good as my favorite Wambaugh book *The Onion Field* but it was a pretty good mystery. I also read *The Ranger* by Ace Atkins. It also was a pretty good mystery. These last two books are from the McPherson Library.

We get new books every day. Come by the library and browse our shelves.

--Betty Stanley

NOVEMBER EVENTS **Bob Baldwin, contact person,** **unless otherwise indicated**

Swim and Pool Activities

If you want to use the pool and do not have a partner, let Bob know and he can help you find someone. For safety reasons we must always have two people in the pool at the same time.

Van to Wal-Mart

We take a van to Wal-Mart on Thursday afternoons leaving at 1:00 pm, returning when people are finished shopping. This gives you an option of shopping each week for groceries and other items. **If you are interested in going on the van, let Bob know (241-0919, ext. 120) by 10:00 am each Thursday** so he can know the number of people going and reserve a van.

Pool

If you want to play pool, contact Irvin Hodgson at 245-0658. He's always ready for a game. The pool table at The Courts is fun to play on.

Work Day Set for Wed., Nov. 2

We are looking forward to spending the morning of **Wed., Nov. 2 from 10:00 until noon** having a work day outside. We'll be cleaning up bench gardens, trimming shrubs, picking up trash, deadheading flowers, digging and raking here on our campus. If you can help with the work, bring your gloves and hand tools you might use and come to the gazebo to check out the work list. You can also just go straight to your bench garden and work there if you like.

At 12:00 we'll meet again at the gazebo for a picnic lunch. Lois and Gerald Neher are cooking hotdogs and brats. Maybe you can't work outside, but you could help with
(November Activities, "Work Day" continued on page 4)

(November Activities, "Work Day" continued from page 3)

providing some food for the picnic. You can call Bonnie Fruth (245-0674) and let her know what you are bringing or just surprise us and bring something to share. We'll provide table service and drinks. Workers and providers of food are welcome to eat with us. Many hands make light work, so plan to come for the fellowship.

See you at Village Breakfast (Menus – p. 2)

Join friends in the large dining room at the Health Care Center and have breakfast together **Thursdays at 8:15 am**; the charge is \$4. Dates are Nov. 3, 10, 17; no breakfast on 24th (Thanksgiving). Try eating at noon in The Cedars Café or The Courts.

Tai Chi classes – twice weekly

With the YMCA we are offering introductory Tai Chi classes **each Thursday except Thanksgiving (3, 10, and 17) and each Monday (7, 14, 21, and 28) in November at 11:15 am in the W/CC.**

Dani Crist Program - Nov. 3

"The Importance of Keeping Fit As We Age"

Our bodies just aren't what they used to be! Keeping fit isn't as easy as it once was. Our bodies hurt in places we didn't know we had! Moving around takes more effort and determination. It is easier to sit in one place than to get up and walk. Yet we know that we each have a responsibility to take care of the body gifted to us.

Dani Crist who manages the Hess Fitness Center connected with the hospital, is coming to the **Wellness Center on Thursday, Nov. 3 at 2:30** to help us see the importance of staying fit and show us how to do it in a less stressful way.

If you just need a shot in the arm to get motivated, this session is for you. If you've

been intending to move more, exercise just a little more, then this session is for you. If you **KNOW** you **NEED** to exercise but you don't want to go to the classes provided at the Wellness Center, this session is for you. If your doctor says you need to stretch and walk more, but it's tough going, this session is for you. Dani will demonstrate some low impact exercises that can help with strength training, balance, and flex-ibility. She'll show us and let us practice some stretching using the stretch bands while sitting down. Dani is enthusiastic and knowledgeable. She knows how and wants to help people stay fit.

Come and learn more even if you have a regular exercise routine. Come with your questions as well. Bring a neighbor or friend. Everyone is welcome. (Healthy snacks provided. Donations.)

Trip to Hudson and Cheyenne Bottoms **Friday, Nov. 4**

Bring your binoculars, comfortable shoes and sunscreen and come along for an **outdoor trip to Hudson Cream Flour Mill and Cheyenne Bottoms on Friday, Nov. 4.**

We'll leave from the Wellness Center at 8:45.

First we'll head to Hudson and visit the Stafford County Flour Mill. This is one of the only remaining independently owned flour mills in the U.S. The mill has been making flour for more than 100 years and it's famous as the home of Hudson Cream Flour. We'll see a video of the mill and the procedures of preparing flour and then we'll go to the packing floor where the flour is bagged and readied for shipping.

By this time, we'll be ready for lunch in Great Bend and eat at the Great Bend Coffee Company. You'll be able to choose items from their menu which includes soups, sandwiches, wraps, salads and more.

(November Activities, "November Trip," continued on p. 5)

Next we'll drive to Cheyenne Bottoms for a tour with a guide. Cost of the guided tour is \$5.00 per person. We'll go to the Kansas Wetlands Education Center and have time to look at their exhibits, live animals and we'll watch a video telling about Cheyenne Bottoms. They have a gift shop with items relating to birds, nature, etc. You'll have a chance to shop if you want. There will be a \$5.00 transportation fee for the trip.

Cheyenne Bottoms is a 41,000 acre wetland basin and one of the world's most important migratory stops for North American shorebirds. The man in charge, said we should see a good number of birds, and perhaps some Sandhill cranes.

Does this sound like fun? Pick up the phone, call Dave and Bonnie Fruth (245-0674) and reserve a spot by **Wednesday, Nov. 2**. We'll be waiting for your call.

Using the Wii

Every Friday afternoon from 1:00 to 3:00 pm, Bob will have the Wii game ready to go, in the W/CC fitness room.

Maccollege Students Give Program

At 6:30 pm on November 4th students from McPherson College are coming to share with us about the things they are doing and to learn to know us. Among them will be members of the Mac PAC organization. They will tell us what all those letters mean.....but we know that the C stands for Community. We are their "community" while they are in McPherson!

To top off the evening, Ed Switzer is making homemade ice cream, and students are baking brownies! Let's come out and let these young people know that we are interested in building "community" with them too. If you have questions or need a ride, call the Switzers at 504-6141.

The ice cream and brownies are being donated. Any donations at the table will be given to support the MACPAC organization.

Friday morning coffees

Take a coffee break and come to **The Courts on Friday mornings at 9:30am — November 4, 11, 18, and 25**. Enjoy the fellowship with our friends there.

2nd Tuesday Coffees – November 8

Men's and Women's groups – 10:00am

Men: at the Health Care Chapel for visiting, coffee, and occasional speaker.

Women: at W/CC Coffee Shop.

Pick up your coffee cup, stop by your neighbor's door, then come meet other Village women at the Coffee Shop.

Red Hatters to meet November 9

(Corky Flood)

The November Red Hat meeting will be at the Pizza Hut on Wednesday, the 9th at 11:30 am. If you need transportation, please call Corky at 241-4005 and leave a message if there is no answer.

Game Fun Time

(Elva Jean Naylor)

We invite you to come and have fun at **Game Time, Thursday, November 10 at 3:00 pm.** Bring your favorite game or you might learn a new game. Game time can be good when it is cool outside.

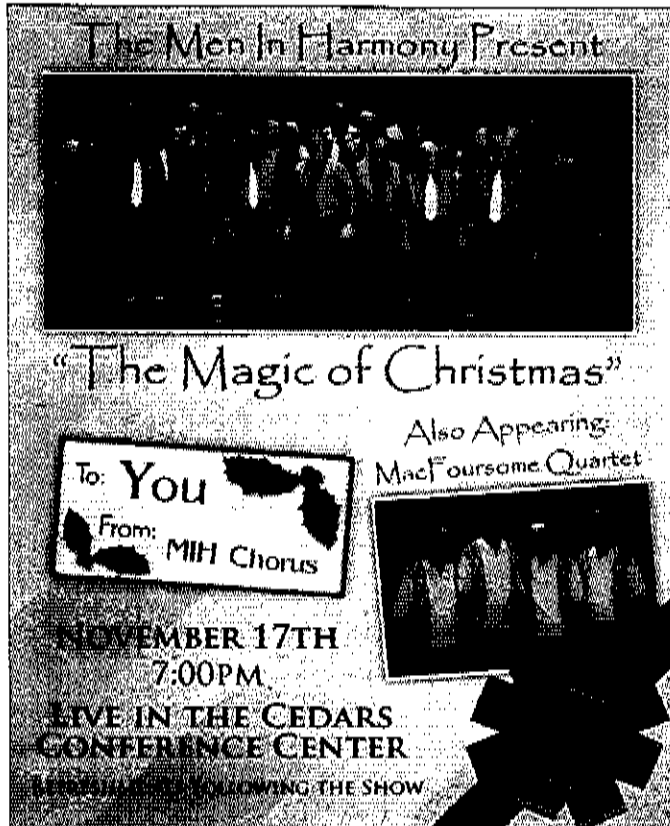
McPherson High School Drama

(Elva Jean Naylor)

The High School is inviting us to come to a free showing of their play "The Night Thoreau spent in Jail." **Rehearsal is Wednesday afternoon, November 16 at 2:00 pm.** Contact Elva Jean if you have questions (241-3123)

(November Activities continued on page 6)

Christmas Concert, December 17th
at 7:00 p.m. in W/CC



Choir Director Jim Ellis, Wichita

There is no charge for this concert. If you have questions, contact Bill Loewen at (241-2985).

Movie Night, Friday, November 18

(Dave and Bonnie Fruth)

Come to the Wellness Center on Friday, Nov. 18 at 7:00 for the movie "The Ultimate Gift."

Jason thought his inheritance was going to be the gift of money and lots of it. Was he ever in for a big surprise. The story sends trust fund baby Jason Stevens on an improbable journey of discovery, having to answer the ultimate question: "What is the relationship between wealth and happiness?" Jason had a very simple relationship with his very wealthy Grandfather, Howard "Red"

Stevens. He hated him. No heart-to-heart talks, no warm fuzzies, just cold hard cash.

So of course he figured that when Red died, the whole "reading of the will" thing would be another simple cash transaction, that his Grandfather's money would allow him to continue living in the lifestyle to which he had become accustomed. But what Red left him was anything but simple. Red instead devised a plan for Jason to experience a crash course on life: twelve tasks, which Red calls "gifts," each challenging Jason, the accumulation of which would change him forever. We'll have popcorn and other goodies (donations). Invite your neighbors to come with you.

John Ward to give program on "Trees"

Back by popular demand is John Ward giving a program including wonderful photos of trees. **Come to the W/CC on Tuesday, Nov. 22 at 7:00 pm.** John's photography is awesome and the information he shares is always so interesting.

Be sure to invite your new neighbors. You wouldn't want them to miss this opportunity, now would you? (Refreshments -- donations. Thank you.)

Document Shredding, the 23rd

If you have documents that need to be shredded, you can bring them to the main Cedars office or to Assisted Living on **November 23rd**, any time during the office hours. They have a secure box.

November Recycling, the 23rd

(by Ed Switzer)

The McPherson Area Solid Waste Utility Transfer (Recycling) Station is pleased with the response of the Cedars Village Residents. Keep those recycle items coming! It's always the fourth Wednesday of the month, 8:00 am to noon in the W/CC parking lot.

(November Activities, "Recycling," continued on p. 7)

(November Activities, "Recycling, continued from p. 6)

There are nine bins on the trailer. They are for the following: (1) #1 Plastic (2) #2 Plastic (3) Plastic milk, juice & distilled water jugs (4) Glass of any color (5) Aluminum cans (no foil) (6) Magazines (slick paper) (7) Newspaper (8) Mixed paper (shredded, mail, advertising, letters, etc.) (9) Tin cans (metal) There is a separate bin for each of these; you may want to sort items before you arrive.

Items for which there is no bin include: plastic bags, #5 plastic, lids for plastic, glass bottles and jugs, Styrofoam, electronics, ceramic dishes, trash, liquid or food residue.

Book Club

It's time for the Book Club on **Monday, Nov. 28 at 3:00 in the Board Room in the Wellness Center.** We're interested in listening to brief reports from those in attendance. Or you can just come and listen and jot down titles and authors that you might like to read. Very informal. No pressure. Come get acquainted if you're new to The Cedars. Everyone is welcome.

Presentation on Holiday Foods

(June Switzer)

Marlys Best, registered dietitian will present a special food event on Tuesday, November 29, at 3:00pm in W/CC

The holidays bring with them thoughts of special foods, food for family gatherings, food for just having friends over, and food to take to a neighbor or friend.

Marlys is coming to help us with ideas for holiday snacks and easy meals. She will talk about foods we can serve that are quick and easy to make. She will have suggestions for "carb-conscious" treats. She will bring recipes and samples for us to try.

Let's have fun this holiday season while we make an effort to stay healthy, happy and wise! Call 504-6141 if you'd like a ride!

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**** For your December Calendar ****

Christmas Open House, Dec. 8 from 2-4

At this time, we still need someone from the south end of the Village to host our Christmas Open House event. If you would like to host but would need some help with food, that can be worked out. Some would like to provide food and can't host so by cooperating, the event happens. Small apartments work just fine. We like to emphasize fellowship and NOT Christmas decorations. If interested, please notify June Switzer, Jody Miller or Bonnie Fruth soon. We'll wait to hear from you. We need to know in time to advertise in the Dec. *Village Voice*. Thank you.

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**Alternative Christmas Gift Market
Saturday, November 12th
9:00am - 1:00pm, W/CC**

This Thanksgiving season is a good time to be thinking about how our Christmas gifts can help people in need. The Alternative Christmas Gift Market will have booths set up by local, national and international groups whose purpose is to do just that.

As you browse the booths in the W/CC banquet rooms, you can elect to give to one or more of these charitable organizations; then pick up a gift card to tell your family member or friend about the gift you have given in their honor. They will be pleased at your thoughtfulness. Plan to come and share.

"This Thanksgiving, may your heart
be warmed,

knowing you have given people in need
a reason to give thanks."

-- copied

He who thanks just from the lips
thanks but in part;
The full, the true Thanksgiving
comes from the heart.

-- J. A. Shedd

**Minutes of the Village Council
October 17, 2011
Wellness Center Board Room**

Present: *Council Members* Betty Stanley, Norman Knocke, Roger Black, Royal Eickstadt.
Administration: Bob Baldwin

President Betty Stanley called the meeting to order. Since the Council did not meet in August or September, there were no minutes to be read. Bob gave the Treasurer's report, which has not changed since August.

Bob reported on the progress of the pictorial directory. Pictures will be made during the week of Oct. 24. He reported that he does not have a definite price for the book, but he is confident it will cost no more than ten dollars. There was no report from the Activities Committee.

Meeting times for the Council was discussed. Norman Knocke moved that the Council meet once quarterly at 3:00 p.m. Royal Eickstadt seconded the motion. After some discussion, the motion was amended to read "the Council will meet once quarterly and whenever necessary at 3:00 p.m. The motion carried. **The next regularly scheduled meeting is January 16, 2012.**

With the approval of the Council, it was decided that Bob would ask for Volunteers to serve on the Council at the luncheon scheduled in October. The meeting was adjourned.

-Betty Stanley, President

Nearly everyone can stand adversity, but if
you want to test someone's character,
give them power.

from *Heart Warmers*

Do you travel? . . . Have you been in any of these places?

"I've been to a lot of places, but I've never been in *Cahoots*. Apparently you can't go alone. You have to be in *Cahoots* with someone. I've also never been in *Cognito* either. I hear no one recognizes you there. I have, however, been in *Sane*. They don't have an airport. You have to be driven there by someone. I have made several trips thanks to my friends and family. I would like to go to *Conclusions*, but you have to jump and I'm not much on physical activity."

(shared by Lois Neher)

Some Gifts That Money Cannot Buy

Keep a promise
Keep a secret
Send a favorite flower
Let someone have the last word
Return a smile
Laugh at his or her favorite story.....again
Let someone in line in front of you
Listen to a child
Listen to an adult
Say something nice to someone you like
Say something nice to someone you don't like.

(borrowed)

WELLNESS / CONF. CTR. - DEVOTIONAL EVENTS - Nov. 2011

Mondays - 10:15 AM - Meditation Chapel - Ready Writers
To be announced - Meditation Chapel - Grief Support Group
Wednesdays - 10:15 AM - Med Chapel (Not 11/23) - Village Study Group
To be announced - Meditation Chapel - Bereavement Support Grp
To be announced - Meditation Chapel - Advocates/Friends
Fridays - 10:15 AM - Coffee Shop (Not 11/25) - Just for Laughs

MAXWELL / CEDAR HOUSES - DEVOTIONAL EVENTS



Mondays - 9:30 AM - 803 - Inspirational Music - Lucille Hand
Wednesday - 9:30 AM - 805 - Insp. Music - Rosalie Black
Wed 11/30 - 9:30 AM - 801 - COMMUNION- Charles, Belle, Elva Jean
Wednesday -10:00AM - 807 - Insp. Music - 11/2 Joanna Hoffman
-11/9 Joyce Hall. -11/16 Eloise Lichty. -11/23 Emma Ruth Schmidt.
- 11/30 Noleen Binder
Thursdays - Chaplain Chris visits in houses. (Not 11/24)
Fridays - 9:30 AM - 801 - Inspirational Music - Joe Shook
Fridays - 3:30 PM - 805 - Bible Study - Anne Albright

ASSISTED LIVING - DEVOTIONAL EVENTS AT THE COURTS

Tuesdays - 11 AM - PDR - Bible Study (Not 11/29) - Miriam Hoover
Thursdays - 4 PM - 2nd floor (Not 11/24) - Bible Study - Susan Ballou
Fridays - 9:30 AM - Dining Room - Piano - Royal Eickstadt

SUNDAY WORSHIP

TV - 10:15 AM - Ch 13 - Worship - Church of the Brethren
-Can be viewed on giant screen - Courts, 2nd floor, Activities Room
Radio - 10:30 AM - FM 96.7 - Worship - Free Methodist
Courts - 6:00 PM - 2nd floor - Worship - Susan Ballou, Leader
- communion served on 2nd Sunday,
- hymn sing on fifth Sundays

OTHER

COMMUNION provided for Catholic residents on a weekly basis
- usually on a Thursday - St. Joseph's Catholic Church

November 2011

Director of Independent Living & Wellness/Conference Center

Bob Baldwin

Birthdays

New Village Residents

Vera Ellwood will be moving into the new duplex this winter
Gerald & Barbara Leaf will be moving into the new duplex this winter
Tom & Joyce Siniard will be moving into 1207 Darlow this winter or spring

Christmas Decoration

We will once again be getting your Christmas decorations down from your attics. The week following Thanksgiving, we will bring down your boxes of decorations. Please call Diane and she will schedule it for you. We will do it Monday thru Friday, the 28th of Nov. thru Friday Dec. 2nd. We will do it in the afternoons. Then after the first of the year, we will put them back up in your attic. We are planning on doing that the week after New Year's Day -- on Tuesday the 2nd thru the 5th. Again, you will schedule it on the afternoons of that week with Diane.

Window Washing

The sprinklers will be shut down the first week of November so that we can then schedule the window washers to come in and clean the outside of your windows

Introducing Chef D

Chef Daryl Davis is now in charge of the food service in the Wellness building. We have gone with Creative Dining to take care of our food service in the Wellness/Conference Center. Chef D will have the office and ext # (164) that Ann Koehn had while she was here. He will take care of your banquet requests and our Village Luncheons. Please welcome him and work with him as he begins his new job with us.

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NOVEMBER

<u>DATE</u>	<u>EVENT</u>
<u>November 1-4</u>	
W 2	Last day to reserve for Nov. trip (pp 4-5) 9:00am Exercise group, fitness ctr. 10-11:30; 2-4pm Sew&Tie quilts, S-DUR 10:00-noon Work Day 10:15am Village Study, Med. Chp.
Th 3	8:15am Village Breakfast; HCC (menu p.2) 9:00am China painting; S-DUR 11:15am Tai Chi, W/CC 1:00pm Cedars van to Wal-Mart 2:30pm Dani Crist program, W/CC (p. 4)
F 4	8:45am Nov. trip; W/CC (details, pp 4-5) 9:00am Exercise group, fitness ctr 9:30am Coffee at The Courts 10:15am Just for Laughs, Coffee Shop 1-3pm Wii Games, Exercise Rm.; W/CC 6:30pm Macollege Students;W/CC, (p.5)
<u>November 7-11</u>	
M 7	9:00am Exercise group, fitness, ctr 10:15am Ready Writers, Mcd. Chp. 11:15am Tai Chi, W/CC
T 8	10:00am Men's Coffee, HCC 10:00am Women's Coffee, Coffee Shop
W 9	9:00am Exercise group, fitness ctr. 10-11:30; 2-4pm Sew&Tie quilts, S-DUR 10:15am Village Study Grp, Med. Chp 11:30am Red Hatters; Pizza Hut (p. 5)
Th 10	8:15am Village Breakfast;HCC (menu p.2) 9:00am China painting; S-DUR 11:15am Tai Chi, W/CC 1:00pm Cedars van to Wal-Mart 3:00pm Game Time, W/CC (p.5)
F 11	9:00am Exercise group, fitness ctr 9:30am Coffee at The Courts 10:15am Just for Laughs, Coffee Shop 1-3pm Wii Games, Exercise Rm.; W/CC
Sa 12	9am-1pm Alternative Christmas Sale (p.8)
<u>November 14-15</u>	
M 14	9:00am Exercise group, fitness ctr. 10:15am Ready Writers, Mcd. Chp. 11:15am Tai Chi, W/CC 1:30pm Village Council, W/CC Bd Rm
T 15	12:00 noon Village Luncheon, W/CC, p. 2 (November Calendar continued in column 2)

CALENDAR

<u>DATE</u>	<u>EVENT</u>
<u>November 16 - 18 (continued from column 1)</u>	
W 16	9:00 Exercise group, fitness ctr 10-11:30am;2-4pm Sew&Tie quilts; S-DUR 10:15am Village Study Grp; Mcd. Chp 2:00pm High School Play; HS aud. (p. 5)
Th 17	8:15am Village breakfast; HCC (menu p. 2) 9:00am China painting, S-DUR 11:15am Tai Chi. W/CC 1:00pm Cedars van to Wal-Mart 7:00pm Christmas Concert; W/CC (p.6)
F 18	9:00 Exercise group, fitness ctr 9:30am Coffee at The Courts 10:15am Just for Laughs, Coffee Shop 1-3pm Wii Games, Exercise Rm.; W/CC 7:00pm Movie Night; W/CC (p. 6)
<u>November 21-25</u>	
M 21	9:00am Exercise group, fitness ctr 10:15am Ready Writers, Med. Chp 11:15am Tai Chi, W/CC
T 22	7:00pm J.Ward program "Trees";W/CC (p7)
W 23	Document Shred, Office & Courts, all day 8am – noon Recycle Day, W/CC pkg. lot 9:00am Exercise group, fitness ctr 10-11:30am;2-4pm Sew&tie quilts; S-DUR 10:15am Village Study, Med. Chp.
Th 24	Thanksgiving Day
F 25	9:00am Exercise group, fitness ctr 9:30am Coffee at The Courts 10:15am Just for Laughs, Coffee Shop 1-3:00pm Wii Games, Exercise Rm., W/CC
<u>November 28-30</u>	
M 28	9:00am Exercise group, fitness ctr 10:15am Ready Writers, Med. chp 11:15am Tai Chi, W/CC 3:00pm Book Club, W/CC Bd. Rm., p. 7
T 29	3:00pm Holiday Foods, Marlys Best, p. 7
W 30	9:00am Exercise group, fitness ctr 10-11:30; 2-4pm Sew& tie quilts, S-DUR 10:15am Village Study, Med. Chp.
<u>Dates0 for your December Calendar:</u> (more details later)	
Dec. 1	Lois Hayes 100 th Birthday Party
Dec. 8	Christmas Open Houses